

Risk assessment template

Company name: Restoring Balance Wellness Clinic

Assessment carried out by: Amanda Collins

Date of next review: 10/08/2020

Date assessment was carried out: 13/07/2020

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Lack of information for client's	Practitioner & household members. Cross infection of Covid-19	Update website with guidelines	Email guidelines to clients	Amanda Collins	13/07/2020	Done
Cross infection – door bell	Client, practitioner & household members. Cross infection of Covid-19	Clean door bell before and after each client and other visitors.	Regular cleaning with anti-bacterial disinfectant spray	Amanda Collins	Start of treatment	Ongoing

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Cross infection risk of client entering practitioner's home	Client, practitioner & household members. Cross infection of Covid-19	All household members are adhering to strict hygiene rules, changing clothes when coming home, all items brought into the house are sprayed with anti-bacterial disinfectant spray, frequent hand washing and sanitising. Frequent cleaning of all surfaces including floors.	Temperature will be taken daily in the morning of myself, husband and daughter and recorded. Any changes in health will be identified and client informed and Reflexology treatments stopped if necessary.	Amanda Collins	Before treatments begin.	Ongoing
Cross infection – entering treatment room through house	Client, practitioner & household members. Cross infection of Covid-19	Ask client to wear face covering, hand sanitise before entering house and to not touch anything whilst walking into treatment room.	Remind client to bring their own face covering. Provide hand sanitiser at entrance to house	Client	Email before treatment to remind client Before entering house	Ongoing
Cross infection – touching new client's health form	Practitioner & household members. Cross infection of Covid-19	Ask client to email their completed Health Form before the treatment.		Client	Before treatment	Ongoing

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<p>Cross infection – from client to practitioner</p>	<p>Practitioner & household members. Cross infection of Covid-19</p>	<p>Ask client to wear a face covering and take client's temperature with infrared thermometer before entering house.</p> <p>Ask client to sanitise their hands on entering and exiting the house.</p> <p>Ask client to wear clean clothes to treatment</p>	<p>Remind client to wear a face covering and wear clean clothes in an email or text.</p> <p>Provide anti-bacterial 70% hand sanitiser at front door.</p>	<p>Client</p>	<p>Start of treatment</p>	<p>Ongoing</p>
<p>Cross infection – from practitioner to client during treatment</p>	<p>Client - Cross infection of Covid-19</p>	<p>Practitioner to wear Face Shield, Face Covering (if appropriate) and wash hands and sanitise before starting treatment.</p> <p>Wear clean clothes for each treatment and wear disposable apron and gloves.</p>	<p>Provide anti-bacterial soap, 70% hand sanitiser and paper towels for drying hands</p> <p>Change disposable apron and gloves between every client also change if they get contaminated during treatment.</p>	<p>Amanda Collins</p>	<p>Start of treatment</p>	<p>Ongoing</p>

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Cross infection – from treatment chair	Client, practitioner & household members. Cross infection of Covid-19	Remove soft coverings	Spray chair with anti-bacterial disinfectant before and after each treatment	Amanda Collins	Before and after each treatment	Ongoing
Cross infection – from pillows	Client, practitioner & household members. Cross infection of Covid-19	Remove material covers and replace with waterproof wipeable covers	Wipe pillows with anti-bacterial disinfectant before and after each treatment	Amanda Collins	Before and after each treatment	Ongoing
Cross infection – from providing drinking water in a glass	Client, practitioner & household members. Cross infection of Covid-19	Ask client to bring their own bottle of water		Client	Remind client in email or text before treatment	Ongoing
Cross infection – from receiving payment	Client, practitioner & household members. Cross infection of Covid-19	Ask clients to pay by bank transfer before treatment.	If cash has to be taken ask for correct money only, as no change will be available	Client	Remind client in email before treatment	Ongoing

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Cross infection – from air	Client, practitioner & household members. Cross infection of Covid-19	Keep treatment room well ventilated by opening windows and door.	Ask client that if they wish they can bring a small blanket to keep themselves cosy.	Amanda Collins	Before, during and after treatment	Ongoing
Cross infection – from hard surfaces	Client, practitioner & household members. Cross infection of Covid-19	Remove all 'non essential' items from the treatment room so hard surfaces and floors can be cleaned with anti-bacterial disinfectant spray.	Frequent cleaning.	Amanda Collins	Before and after each treatment.	Ongoing
Cross infection – from client's personal belongings	Practitioner & household members. Cross infection of Covid-19	Ask client to bring minimal belongings into the house.	Have a plastic container for personal belongings that can be sterilised after use	Client	During treatment	Ongoing
Cross infection – shared toilet facilities	Client, practitioner & household members.	Toilet facilities will not be available	Inform clients that there are no toilet facilities	Amanda Collins	Ongoing	Ongoing

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	Cross infection of Covid-19					

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/